

Instructions for Paper Submission

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1. Instructions for Paper Submission

To submit a paper, one of the authors must be registered for the event; however, payment of the registration fee can be made after the abstract is accepted.

Abstracts must be submitted in PDF format via email to: contato@mindfulnessbrasil.com, with "abstracts" in the subject line.

Review your work carefully before submission. After submission, no changes will be allowed. After submitting the abstract, a confirmation email will be sent to the same submission address. If you do not receive an email within three days of submission, contact the same email address to report the issue. The corresponding author will receive all information regarding the scientific work through the same email address used for submission.

Abstracts of articles will be accepted in the categories: Original Research, Clinical Trials, Systematic Review, Research Protocol, and Case/Experience Reports.

Abstracts will be accepted in Portuguese, English, and Spanish.

The title must be concise and contain up to 50 characters. The body of the text should not exceed 2,500 characters (excluding title and authorship/affiliation). Abstracts should be written according to the templates: [Template Link](#)

For the categories: Original Research, Clinical Trials, and Systematic Reviews, abstracts must contain the following mandatory items: Title, Introduction, Objectives, Method, Results, and Conclusion/Final Considerations.

For the Case/Experience Reports category, abstracts must contain the following mandatory items: Case/Experience Presentation, Discussion, and Final Comments. Case/experience reports must include significant innovation in the mindfulness area, such as innovative applications of the technique, local or population with few studies in the area.

For the Research Protocol category, abstracts must contain the following mandatory items: Introduction, Objective, Method, and Possible Contributions.

Except for the Case/Experience Reports and Research Protocol categories, papers without results and conclusions will not be accepted. Phrases such as "results will be presented in the future," "research will be conducted later," among others, will lead to automatic rejection of the abstract by the committee.

Bibliographic references will not be included. It is recommended to avoid the use of non-standard abbreviations. The content of the abstract must be compatible with the chosen thematic area.

2. Important Information

Papers can be submitted on two different dates: on 10/08/2024 and on 14/09/2024.

Authors who submit their abstracts by the first date will receive feedback by 10/09/2024. Authors who submit their abstracts by the second date will receive feedback by 10/10/2024.

The Scientific Committee will select the main submitted works for oral presentation during the congress. Works not selected for presentation will be published in the congress proceedings, with no poster presentation.

There is no limit to the number of papers per author, and there is a limit of 7 authors per paper. Insert the authors in the desired order for certificate issuance.

The information provided in the abstracts is the sole responsibility of the authors, and certificates will be issued according to the data provided at the time of submission.

After the abstract is accepted (oral presentation or congress proceedings), one of the authors must be registered for the congress by 13/10/2024 for the publication/presentation to proceed.

For oral presentations, the presenter's name must be included in the paper's authorship. To receive the presentation certificate, one of the authors must be registered and have attended the event.

By submitting the abstracts, the authors assume compliance with the laws and ethical standards governing research with humans and animals, including approval from Ethics Committees in Research and Clinical Ethics Committees in Animal Research (please cite the approved project number in the abstract).

The Scientific Committee reserves the right to reject abstracts without stating the reasons for rejection. The submission of the abstract(s) represents a commitment by

the authors to present the work if accepted during the event. The Scientific Committee is not responsible for the content of the abstracts, which is entirely the responsibility of the authors. The Scientific Committee is not responsible for accommodation, travel, and transportation costs related to paper presentations.

An email will be sent informing the decision of the Scientific Committee to the same address used for submission, indicating acceptance or rejection of the work, as well as the type of presentation (oral or in the congress proceedings) by 06/10/2024. The decisions of the scientific committee are final and not subject to appeal regarding the rejection of submitted abstracts or evaluation criteria.

3. Themes

- Mindfulness and health
- Mindfulness and education
- Mindfulness and corporations
- Mindfulness and sports
- Mindfulness and arts
- Mindfulness and Contemplative Sciences
- Mindfulness and Psychotherapies

4. Instructions for Approved Papers – Oral Presentation

For the evaluation of abstracts selected for oral presentation, the following will be considered: research innovation within the thematic area and coherence between objectives, methodology, and study conclusions.

The selected works for oral presentation will be presented during the congress. The presentation should be done in a 20-minute period. The day, time, and place of the presentation will be established fifteen days before the event by the Scientific Committee and informed to the authors via email.

The presenter must prepare their presentation using slides (PowerPoint) and arrive 30 minutes before the scheduled time to prepare the presentation. The presentation should include: Introduction, Objectives, Method, Results, Conclusions/Final Considerations. Figures, tables, QR codes, and logos are permitted. If none of the authors attend the event, the presentation will be canceled, resulting in the cancellation of the certificate issuance.

5. Instructions for Approved Papers – Summary in the Congress Proceedings

All accepted works for presentation that are not selected for oral presentation will be published in the congress proceedings. For publication, it is recommended that the abstract be in Times New Roman or Arial font, size 12. Tables and figures are allowed. The use of logos should be avoided for abstract publication in the congress proceedings.

6. Awards

The Scientific Committee will select the three best papers presented at the congress. Awarded papers will receive certificates indicating the award. Award certificates will be submitted with the title and authorship order identical to those of the abstract submission. For the abstract awards, the following will be considered: research innovation within the thematic area and coherence between objectives, methodology, and study conclusions.

7. Publications

All approved papers will be published in the congress proceedings, including those selected for oral presentation.

8. Certificates

After the congress, certificates will be available on the event website from December 7, 2024. The certificate will include the title of the work, the approved modality, and the names of the authors identical to those submitted. At least one of the authors must be registered and attend the event (in person) to issue the certificate.